

The Sunday Telegraph 1 JANUARY 2012

Stella

HER OUTDOORS

DAVINA McCALL gets down to earth

Drama queen

Meet the woman behind
cinema and TV's
most talked about hits

Live and let diet

Four foodies share their
secrets to staying slim

A chic getaway

Weekend wear with
wow (and warmth) factor

FOOD

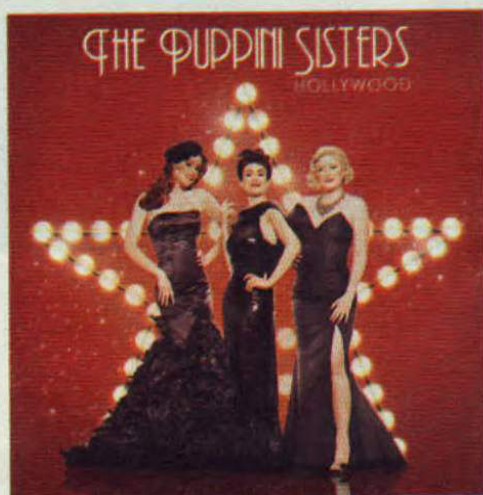
*Little-people pleasers:
Diana Henry's fantastic
child-friendly meals*



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THIS WEEK'S MUST DO, SEE, BUY Compiled by Sonia Juttla

Stella loves...



The retro trio **The Puppini Sisters** have just released their fourth album, 'Hollywood'. Eleven classic songs, including *Diamonds Are a Girl's Best Friend*, *Good Morning* and *Moon River*, have been reworked with fabulous harmonies. We defy you not to sing along... £8.99

WIN THIS



The French lingerie brand **Huit** is one of our favourite labels for great-looking, comfortable underwear. One *Telegraph* subscriber can win a year's worth of lingerie and swimwear, up to the value of £1,000, by logging on to telegraph.co.uk/subscriber

New year, new wardrobe... A great idea in theory but it sounds like an expensive business. However, we love **Whistles'** Resort Collection so much we're willing to say that just one piece would provide the sartorial equivalent of a breath of fresh air. *Denim jacket*, £175, and *trousers*, £110; whistles.co.uk



The cosmetics brand Mac is known for its collaborations with leading figures from fashion, music and art. This blusher from its latest tie-up – with the style maven **Daphne Guinness** – is a spring glow in compact form. £22; maccosmetics.co.uk



These lights by **Marset** are brilliantly eye-catching. They're made from ceramic, though the gentle folds give them the look of tactile pieces of fabric. From £197, from ferriusonline.com



A one-of-a kind cinematic charmer, **The Artist** is about a Clark Gable-esque silent-movie actor who loses his superstardom when the talkies arrive. Not only is this new film in black and white, it's silent, too – bar a couple of brilliant genre-busting scenes, that is. Don't miss it. In London West End cinemas now; elsewhere from Friday



I-SPIED

Kate Rose Morris,
Stella's deputy fashion and
beauty editor

'These graphic **Karen Millen** courts will give my wardrobe an instant update. They're screaming out to be worn with cigarette pants and a blazer'. £155; karenmillen.com

For more I-Spied products visit telegraph.co.uk/ispied



Gym workouts after Christmas are always a hard slog. Unflattering sportswear doesn't help, so good old Gap for launching its high-tech – and stylish – **GapFit** range. £39.95; gap.eu



This striped wool Ribbon scarf by the knitwear designer **Gemma Shepherd** is not only extremely cosy, but would also go with pretty much everything. £144; shepherdengland.com



The award-winning jewellery designer **Husam El Odeh** creates striking pieces that seem to suit everyone. This gold-plated broken-stone bracelet is something you'd never want to take off. £200, from [Matches \(matchesfashion.com\)](http://Matches(matchesfashion.com))